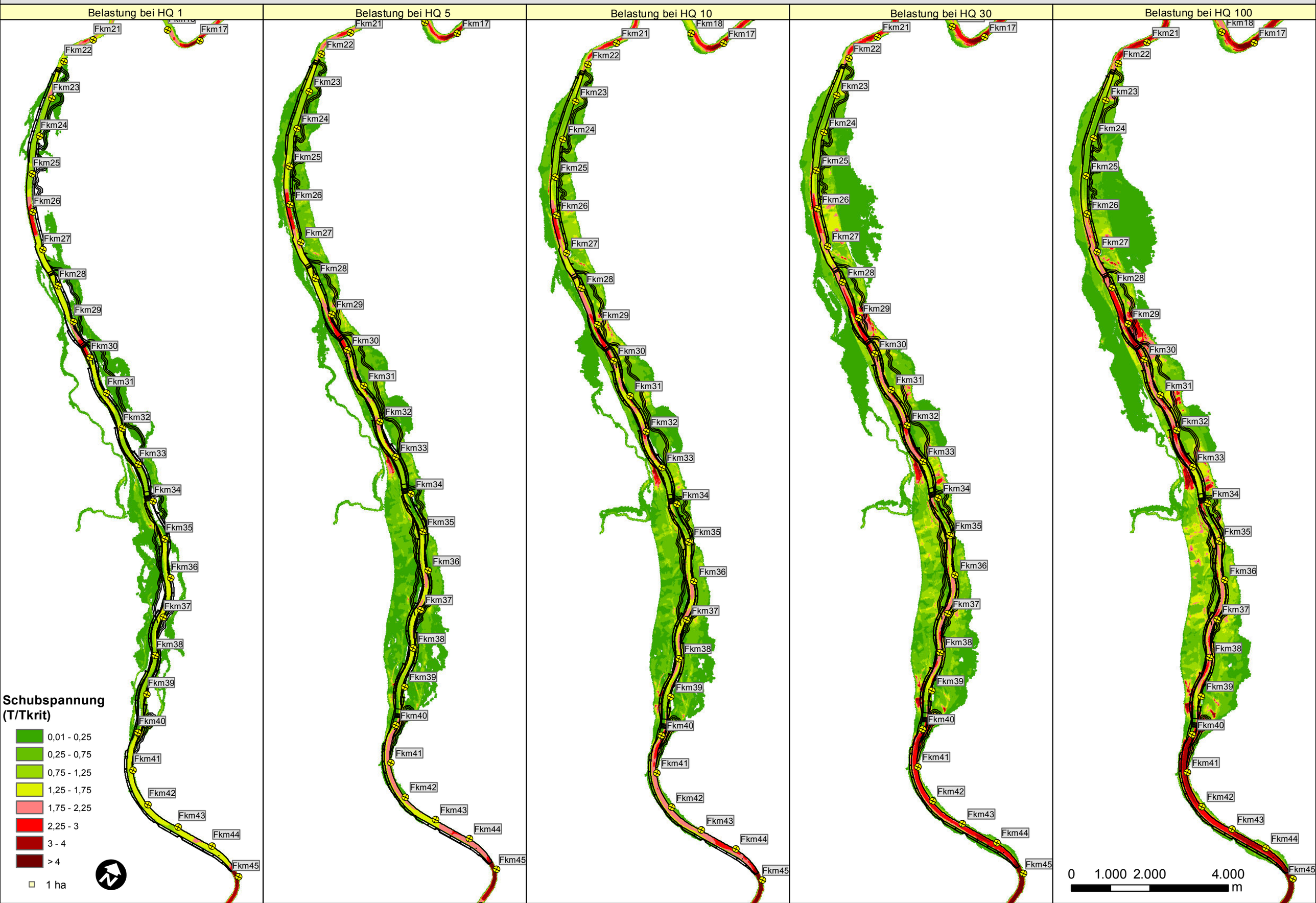Sohlschubspannungsbelastung (T/Tkrit) - Variante B